

# Fits Me +

by **Carter**  
Enterprises

Accuracy Defined Through Design



## General Directions for Use:

### Set Screw

To adjust the trigger travel\*, turn the set screw clockwise for less travel, and counterclockwise for more travel. After adjusting the set screw, test the release by hooking a string to a stationary object and test-firing the release. Caution: if the set screw is adjusted for insufficient travel, the release may fire prematurely and possibly cause damage.

*\*Travel refers to the degree the trigger will move prior to the release firing.*

### Interchangeable Tension System

The Interchangeable Tension System (ITS) allows archers to quickly change from one trigger spring tension to another. To exchange springs, put thumb pressure on the small black box near the thumb trigger and carefully remove the case screw using a 1/16 hex key. Keeping in mind that the spring is adding tension to the black box, slowly remove thumb and box will follow. Once the first spring is removed, fit the desired spring into place,

replace box, and hold with thumb while replacing case screw. *Remember to pull test the release using a string tied to a stationary object before attempting to shoot with a bow to avoid the risk of misfiring.*

### Adjusto Trigger

Carter thumb trigger releases include an adjustable knurled knob to help the release fit more comfortably in your hand. To adjust the knurled knob, loosen the bolt, rotate the knob to the desired fit, and retighten the bolt to hold the Adjusto Trigger in position.

### Recommended Use

*When drawing back, always keep your thumb away from the trigger.* Carter Enterprises recommends shooting the Fits Me using back-tension form off a D-loop or the release rope. Once you are at full draw, push your bow hand toward the target and lightly pull your release hand back while resting your thumb on the trigger, thus firing it in one smooth motion.

For more information, contact Carter Enterprises technical support at 1-208-624-3467.